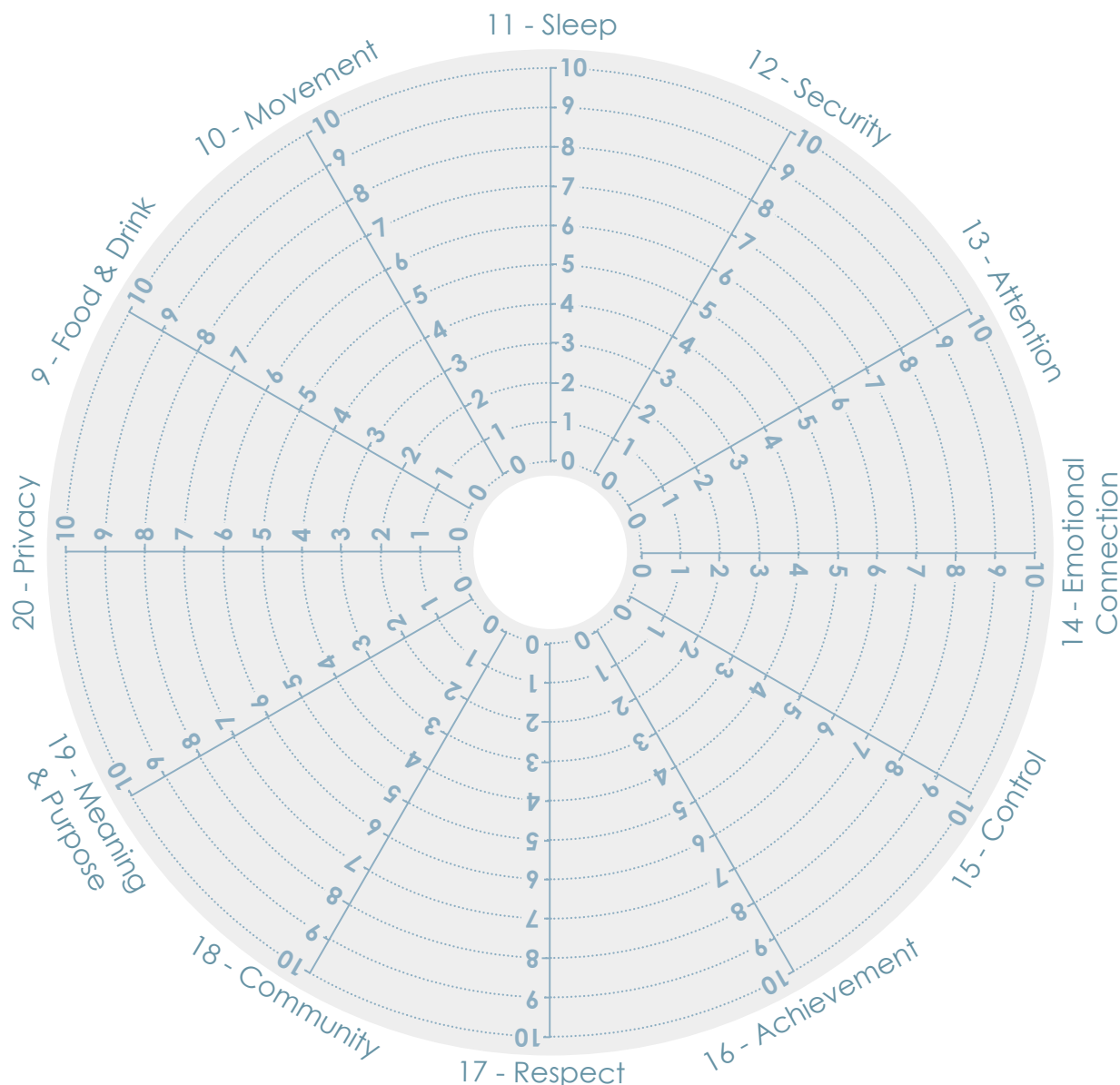


Wheel of Needs



Score how well each of your innate needs is currently met on this circular chart. Then join the individual points to create a profile shape.



What do you notice about the shape you have drawn?

What could you do in the next 48 hours to improve the lowest score by even one point?

Which of your innate resources could you utilise more in finding ways to get this need better met?

Any other thoughts?